



<timetorelax



REFLEXOMED II



CASADA<sup>®</sup>  
HEALTHCARE

since  
2000

## <timetorelax

Since the company was founded in the year 2000, the name CASADA has stood for high grade products in the area of wellness and fitness.

Today, CASADA products are available worldwide in 37 countries. What distinguishes CASADA products is their continuous development, unmistakable design and their absolute focus on improving quality of life as well as their reliable and excellent quality.

## Congratulations

By purchasing this massage device you have demonstrated an awareness for your health.

So that you can benefit from the advantages of this device for a long time, we would ask you to read and observe the safety instructions carefully.

We wish you great joy with your personal **ReflexoMed II**.

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## Safety instructions



Please read the following instructions carefully before putting your massage device into use to ensure trouble-free operation and optimum efficiency. Please retain these operating instructions for further use!

- The massage device conforms to recognized technical principles and the latest safety regulations.
- This device does not require any maintenance.
- Any possible repairs may only be carried out by authorized expert staff. Improper use and unauthorised repair are prohibited for safety reasons and lead to a loss of warranty.
- Never touch the power plug with wet hands.
- Please avoid contact of the device with water, high temperatures and direct sunlight.
- To avoid the danger of short-circuits, disconnect the power cord when not used for long periods of time.
- Do not use any damaged cables, plugs or loose sockets. If the plugs or cords are damaged, they must be replaced by the manufacturer, a service representative or by qualified personnel.
- In case of malfunction, disconnect immediately from the mains. Misuse or incorrect use excludes any liability for damage.
- In order to avoid excessively stimulating the muscles and nerves, the recommended massage time of 10 minutes should not be exceeded.
- Never use pointed or sharp objects.
- Each massage – even a hand massage – must be refrained from during pregnancy or if one or more of the following complaints are present in the massage area: recent injuries, thrombotic diseases, all kinds of inflammations and swellings, and cancer. It is recommended to consult the doctor before taking a massage for the treatment of illness or infirmity.
- If you are dependent on electrical aids e.g. pacemakers, please be sure to consult your doctor for medical advice before taking a massage.

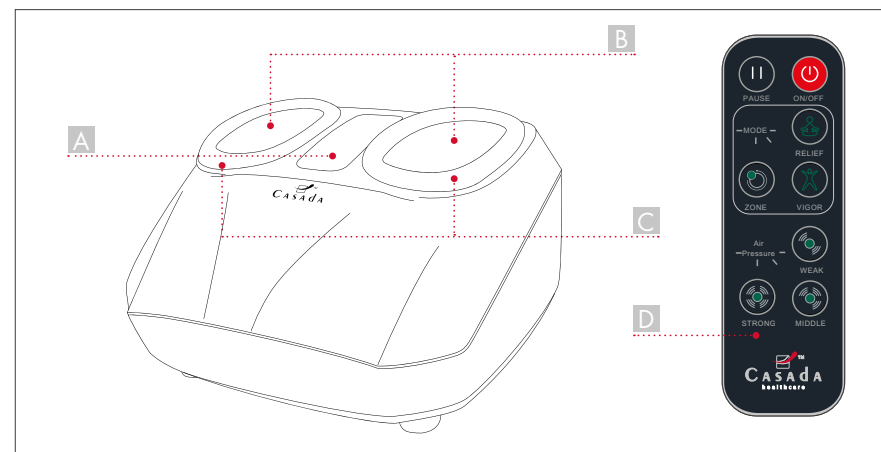
## Scope of delivery

- ReflexoMed II foot massager
- Remote control
- Cloth cover

## Specifications

Measurements	48,1 x 40,2 x 24,8 cm
Weight	8,5 kg
Voltage	input AC 220-240 V ~ 50 60 Hz
Rated power	65 watt
Runtime	10 minutes

Certificates



- A slot remote control
- B foot slot
- C cloth cover
- D remote control

## Putting the device into use

Before starting up, check whether the mains voltage matches the voltage specified on the device. If you haven't done so already, plug the power plug into the socket.

# Remote Control



Button	Function
ON   OFF	Press the <b>ON</b>   <b>OFF</b> button to turn on the device. The unit starts in the standard mode <b>RELIEF</b> at the lowest ( <b>WEAK</b> ) air intensity.
PAUSE	To pause all functions during the application, press the Pause key.
AIR PRESSURE	3 Intensity levels: <b>WEAK</b>   <b>MIDDLE</b>   <b>STRONG</b>
MODE	While the device is switched on, you can change the mode. The default mode is the <b>RELIEF</b> . To use <b>VIGOR</b> or <b>ZONE</b> , press the separate button on your remote control.

The automatic massage lasts 10 minutes. The massage device automatically switches off after this period of time in order to prevent overheating. Unplug the power cable from the socket after every use.

# Functions

Function	Description
<b>RELIEF</b>	Mode A <b>RELIEF</b> means relaxing   relieving; you can change the air pressure intensity by pressing the separate button.
<b>VIGOR</b>	Modus B <b>VIGOR</b> means strong. In this mode, the speed is slightly faster and the air intensity is higher than in Mode A Relief. You can change the air pressure intensity by pressing the separate button.
<b>ZONE</b>	<b>ZONE</b> -Mode: This program is controlling massage focus on one part by part of foot for a certain time, and you can change the air pressure intensity by separate button.

# Specials



## AIR COMPRESSION

Rising and receding airbags have a pumping motion which produces natural muscle reflexes.



## REFLEXOLOGY

Reflexology regenerates foot muscles and has a harmonizing effect on almost all organs inside your body.



## SOLE ROLLER

Deluxe foot massage – these unique foot massage rollers can be enjoyed at home any-time you'd like.



## AUTOMATIC

Specifically developed automatic programmes, which offer a big range of different massage techniques.



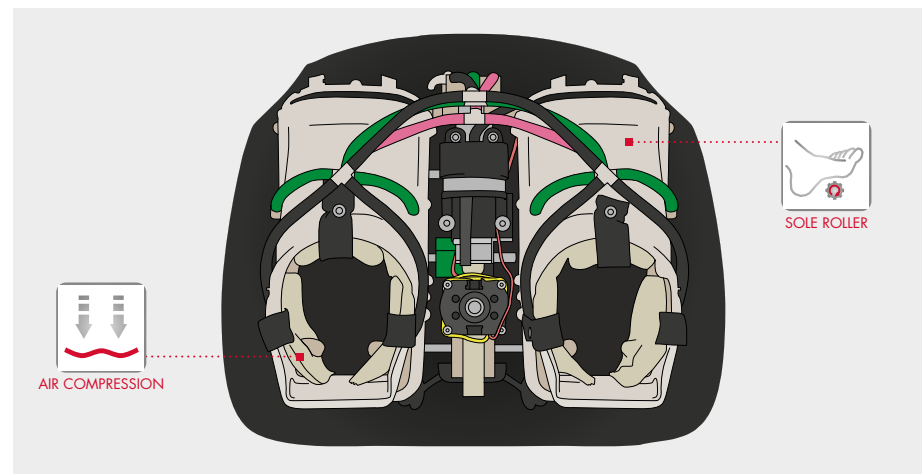
## ACUPRESSURE POINTS

Key acupressure points on the ankles are massaged.



## 3D MASSAGE

In this new technique, the massage robot not only moves upwards and downwards, but also forwards and backwards.



# Foot reflex zones

Reflexology has the advantage over an all-body massage due to the fact that there are approx. 72,000 nerve endings of different organs in the feet. Precisely performed massages can influence the body in a positive way and enhance personal well-being.

Careful massages of the foot reflex zones can stimulate metabolism and blood circulation among other things, stimulate digestion and support the self-healing process of the body.

The more we care about the vitality of our feet, the better it is for our body: The feet are to be seen as a microsystem in which the whole organism is reflected and can be treated individually.



# Foot reflex zones



- > Neglecting the feet can affect the whole body.
- > Muscle tension can arise due to poor posture of the body. This in turn can have negative effects on the spinal column and the nerve tracts and result in other physical complaints.
- > Sleeping problems and cold feet are usually a result of circulatory disorders.
- > Swollen legs, muscle cramps and blood congestion can be caused by excessive sitting and physical inactivity.
- > Provide your feet with sufficient energy so that the veins embedded in the muscles can transport the blood throughout the entire body again.

# Troubleshooting

## FAULT

The device is connected to the mains, however neither the device nor the control panel works.

## REMEDIAL ACTION

- 1) Control the connection to the socket.
- 2) The device can overheat during prolonged use.  
For this reason, you should switch it off and let it cool down for 30-50 minutes.

# Storage | Maintenance

With regular maintenance you can increase the service life of your massage device and at the same time ensure safe operation at all times.

1. Recommended storage: Dry, free of dust.
2. Keep liquids or open flames away from the device.
3. Clean the device with a soft, dry cloth.
4. Separate the device from the mains when it is not in use.

# EU Declaration of Conformity

Complies with European Regulatory Standards EMC 2014|30|EU.

# Warranty conditions

The retailer will provide a statutory period of guarantee for the product described on the reverse. Warranty is valid from the date of purchase. The purchase date must be documented with proof of purchase. The retailer will repair or replace products that are registered within Germany in which a defect has been found free of charge. This does not include parts subject to wear such as fabric covers. The requirement is that the defect device is sent in with proof of purchase before expiration of the warranty period.

The warranty claim shall not be applicable if a fault is established which has arisen e.g. due to external influences or as a consequence of a repair or modification which was not carried out by the manufacturer or an authorized dealer. The warranty on the part of the retailer is limited to repair or exchange of the product. Within the framework of this warranty, the manufacturer or retailer will not assume any further liability and is not responsible for damages that have arisen as a result of non-compliance with the operating instructions and |or improper use of the product.

If upon examination of the product by the manufacturer it is found that the warranty request does not concern a defect covered by the warranty or that the warranty period has expired, the customer must bear the costs for the inspection and repair.

Legal note: All contents do not contain healing statements. The diagnosis and treatment of illnesses and other physical disorders require a treatment by a physician, non-medical practitioner or therapist. The statements are strictly informative and may not be used as a substitute for a professional medical treatment. Every user is beholden to ascertain by accurate examination and, if required, after consultation of a specialist, if the application is the right one for their specific cases. Each dose or application takes place at the risk of the user. We dissociate ourselves from any healing statements or promises.

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