



SMARTRELAX

Kurzanleitung | Quick Guide

Access the full user manual here

You can conveniently access the complete user SmartRelax for your Harmony massage chair via QR code.



Simply scan the QR code with your smartphone or tablet to open the detailed manual containing all functions, safety instructions, maintenance information, and service details.

If you prefer, we will also be happy to send you the complete user manual by email.

Important Safety Instructions



This Quick Guide contains only the most important safety instructions. Before using the massage chair for the first time, please also read the full user manual, which can be conveniently accessed via the QR code.

Please observe the following points before and during each use:

- Only use the massage chair with a suitable and properly grounded power supply.
- Before use, check the power cable, plug, and visible surfaces for damage.
- Do not use the device if the cable, plug, upholstery, or any components are damaged.
- Disconnect the power plug after use and before cleaning.
- Do not use the massage chair outdoors, in very humid rooms, or near water.
- Keep children, pets, and objects away from moving parts.
- Do not sit or stand on the backrest, leg rest, armrests, or any areas not intended for such use.
- Do not use electric blankets, heated blankets, or external heating devices on the massage chair.
- Do not use the massage chair while under the influence of alcohol, if you feel seriously unwell, or immediately after eating.
- Stop using the chair immediately if you experience pain, dizziness, discomfort, or any unusual reactions.
- Never open, disassemble, or repair the device yourself. Repairs may only be carried out by authorized service professionals.

Further detailed safety, usage, and warning instructions can be found in the full user manual.

Medical Information and Contraindications

Please note: This Quick Guide contains only the most important medical information. For complete contraindications and detailed usage instructions, please refer to the full user manual available via the QR code.

Do not use the massage chair, or only use it after consulting a physician, if you have health conditions or are unsure whether massage is suitable for you.

This applies especially in cases of:

- Serious cardiovascular diseases
- Pacemakers, defibrillators, or other implanted medical devices
- Osteoporosis
- Thrombosis, severe varicose veins, or circulatory disorders
- Fever, acute injuries, inflammation, or skin conditions
- Pregnancy or shortly after childbirth
- Spinal disorders or medically prescribed rest
- Reduced sensitivity to pain or heat

Stop using the massage chair immediately if pain, dizziness, discomfort, or any other symptoms occur.

Children under the age of 14 and persons with reduced physical, sensory, or mental capabilities may only use the massage chair under appropriate supervision. The massage chair is not a toy.

Additional instructions apply to the use of braintronics®. Please review the detailed information in the full user manual before use.

These safety and health instructions are precautionary guidelines for the safe use of the product. They do not constitute a complete medical assessment. Whether and to what extent use of the product is suitable in individual cases depends on the user's personal health condition.

If you are uncertain, have pre-existing medical conditions, are pregnant, use implanted medical devices, or have been advised to rest by a physician, medical advice should be sought before use.

Installation Location and Safe Initial Setup

Before Installation

Place the massage chair on a level, stable, and sufficiently load-bearing surface. Ensure that there is enough space for the reclining and movement functions. Maintain a minimum clearance of approximately 8 - 10 cm for the reclining function.

Avoid locations with:

- Direct sunlight
- Excessive heat, e.g. directly next to radiators
- Moisture
- Heavy dust exposure
- Insufficient ventilation
- Proximity to open flames

To protect sensitive flooring, the use of a suitable protective mat is recommended.

Assembly and Installation

Detailed assembly and installation instructions with illustrations can be found in the full user manual, which is conveniently accessible via the QR code.

Please follow these instructions particularly carefully if the massage chair is not assembled by a professional installer in your home. During self-assembly, special attention must be paid to the instructions regarding installation of the footrest, attachment of the remote control and connection of the remote control.

Before first use, ensure that all components are correctly assembled, securely connected, and able to move freely. Do not use the massage chair until assembly has been completed properly and in full.

Check Before Each Use

Before switching on the massage chair, please ensure that:

- No foreign objects are located in openings, gaps, the footrest, or the leg area.
- No children, pets, or objects are within the movement range of the chair.
- Hands, feet, or head are not positioned between the footrest, armrests, side panels, or underneath the upholstery.
- The power cable and plug are undamaged.

The full user manual expressly advises users to inspect the surrounding area, especially the leg and foot areas — for foreign objects before starting a massage session.

Switching On

1. Connect the power cable.
2. Check that the mains voltage matches the device specifications.
3. Set the main power switch to position "I".
4. Switch on the massage chair using the power button on the remote control or armrest.

Do not use any non-approved voltage converters or power transformers.

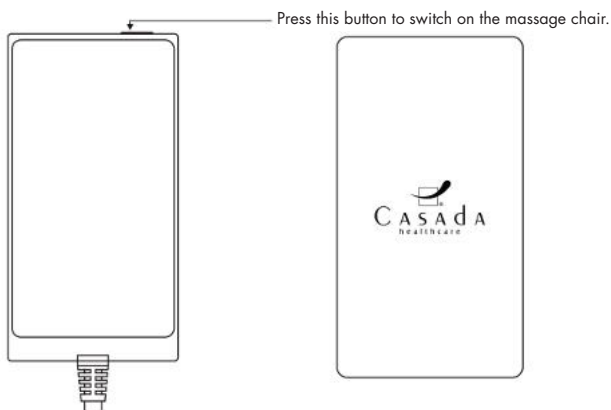
Basic Operation

Starting a massage

Press the power button on the remote control or press and hold the power button on the armrest.

1. Select a suitable intensity level:
 - o Gentle
 - o Soothing
 - o Strong
2. The massage chair will then automatically move into the reclining position and begin body detection.
3. After the body scan, you can manually adjust the shoulder position if necessary.
4. Confirm the position to start the massage.

The full user manual describes this process in detail, including the start screen, intensity selection, automatic reclining, body scan, and shoulder position adjustment.



Remote control illustration

During the massage

Depending on the model and selected program, the following functions may be available:

- automatic massage programs
- manual massage techniques
- 2D massage
- air pressure massage
- foot roller massage
- back heating
- Zero Gravity positions
- favorites / memory slots
- Bluetooth / speakers
- voice control

Detailed descriptions of all functions can be found in the full user manual.

Basic Operation

Pausing or ending the massage

- The pause button pauses or resumes the massage.
- To switch off, use the On/Off button and select "Tap to switch off."
- When switched off, the chair automatically returns to its starting position.
- Then set the main switch to "0" and unplug the power cord if the chair will not be used for a longer period.

Recommended duration of use

The duration of use depends on the selected massage program. It is recommended to begin with a gentle program and a low intensity setting so your body can gradually adapt to the massage.

If the massage feels too intense at first, you may place a thin towel or a light blanket behind your back to slightly reduce the pressure.

braintronics®



The SmartRelax massage chair features the braintronics® function. To use this feature, please download the braintronics® app to your smartphone or tablet. Depending on your device and availability, the app can be found in the Apple App Store and Google Play Store.

Please read the instructions, contraindications, as well as the app's privacy and terms of use information before using the feature.



Cleaning and Care

Before cleaning:

1. Switch off the massage chair.
2. Turn off the main power switch.
3. Disconnect the power plug.
4. Allow the device to cool down completely if heating functions have been used.

Clean the massage chair only with a dry or slightly damp, soft cloth. Do not use aggressive cleaning agents, alcohol, benzene, thinners, or abrasive materials.

Make sure that no moisture enters electrical components, openings, switches, or connections. If the massage chair will not be used for an extended period, it should be stored in a dry, clean, and dust-protected environment.

Service, Maintenance, and Troubleshooting

The SmartRelax massage chair is designed so that no special maintenance by the user is required. Normal operating noises from the motors may occur during use.

If the device does not function properly:

- Check whether the power plug is correctly connected.
- Check whether the main power switch is turned on.
- Check whether the power outlet is functioning properly.
- Allow the device to cool down after prolonged use.
- Do not continue using the device if unusual noises, odors, malfunctions, or visible damage occur.

In such cases, please contact your dealer or CASADA Service. The device must not be opened, disassembled, or repaired independently.

The full user manual also describes features such as automatic shut-off, temperature protection, and reuse after approximately 30 minutes of cooling time.

Disposal Information

Do not dispose of electrical devices with household waste. Please observe the applicable local regulations regarding the disposal of electrical and electronic equipment.

Packaging materials should be separated where possible and recycled in accordance with local regulations.

For further information regarding disposal, please contact your local collection point, your dealer, or CASADA Service.

Technische Details

Model:	SmartRelax
Dimensions:	Upright: 143 x 76 x 120 cm Reclined: 175 x 76 x 92 cm
Weight:	110 kg
Voltage:	220-240 V ~ 50/60 Hz
Rated Power:	80 W
Safety Design:	Class I
Operating Time:	20 Minuten
Certificates:	     

EU Declaration of Conformity

This product complies with the requirements of the applicable EU directives:

- Directive 2014/53/EU (RED) - Directive 2014/30/EU (EMC)
- Directive 2014/35/EU (LVD) - Directive 2011/65/EU (RoHS)

The complete EU Declaration of Conformity is available upon request or can be obtained from the manufacturer. The relevant technical documentation, test reports and conformity certificates belonging to the product shall apply.

Warranty Conditions

The dealer provides the legally required warranty period for this product from the date of purchase. Please keep your proof of purchase in a safe place as evidence.

In the event of justified defects, the dealer shall bear the costs of repair or replacement of the device, including any necessary shipping costs, insofar as this is provided for under applicable legal regulations. Excluded from the warranty are wear parts, such as fabric covers, as well as damage caused by improper use or external influences.

The warranty applies only when the product is used as intended in accordance with this user manual. Repairs or modifications carried out by unauthorized persons will void the warranty.

Please report any obvious defects to the dealer immediately after receiving the device. Further liability claims, particularly for consequential or indirect damages, are excluded. Damage resulting from failure to follow this user manual or from misuse is also excluded from the warranty.

Your statutory warranty rights against the dealer remain unaffected and may vary depending on the country.

For questions regarding warranty, guarantee or service, please contact your dealer or Casada Service.



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