



< timetorelax

DR. MIND

BEDIENUNGSANLEITUNG | *MANUAL*



CONGRATULATIONS!

With the purchase of this massage device you have shown awareness of your health.

In order for you to enjoy the advantages of your massage device in the long term, we ask you to read and adhere to the instruction manual carefully.

We wish you a lot of fun with your personal Dr. Mind.

< relax in style

Since being established in 2000, the name CASADA stands for high quality products on the health-spa and fitness market. Today, CASADA-equipment is available in 37 countries world-wide.

Constant further development, an unmistakable design and a focused orientation towards a better quality of life are what characterize CASADA-products, as much as their unbeatable and reliable quality.

17 Tradition and Modern

18 Safety instructions

19 Inside the package

19 Start up

19 Technical data

20 Equipment/functions

22 Remote control

24 Troubleshooting

24 Storage/care

24 Conformity declaration

25 Warranty conditions

26 Notes



Dr. Mind – ancient knowledge reprocessed! People have known about the healing and relaxing effect of a head massage for many centuries. According to legend, native Australians were the inventors of this simple but ingenious method of treatment. Quite effectively they caused energy sources to flow which were blocked by stress, frustration or irritation.

Today we live in the 21st century and join ancient-old traditions with the technical know-how of our age. With the Dr. Mind head massage unit, you have a well thought-out instrument in your hand, in which its functionality orientates itself on this ancient knowledge.

Various pressure points on the head are stimulated by a large number of small cushions which in turn are associated with a certain part of the body, organ or muscle. The activation of these points improves the blood circulation, increases the supply of oxygen to the brain, releases tension and reduces ailments such as fatigue, headaches or migraines.

SAFETY INSTRUCTIONS



Please carefully read the following instructions to before using this fitness equipment to ensure its proper function and optimal effect. Please retain these instructions for use!

- This massage device complies with the recognised principles of technology and current safety regulations.
- This equipment is maintenance free. Any necessary repairs must be performed by an authorised professional. Improper use and unauthorised repairs are prohibited for safety reasons and will void the warranty.
- Never touch the power plug with wet hands.
- Please avoid the equipment coming into contact with water, high temperatures and direct sunlight.
- Be sure to unplug the equipment from the power point during extended periods of non-use to eliminate the risk of a short circuit. If you use the batteries: remove the batteries to prevent the leakage of battery fluid, which could cause errors.
- Do not use damaged plugs, cords or loose sockets. Damaged plug or cords must be replaced by the manufacturer, service representative or qualified personnel. In the event of malfunction unplug the equipment immediately. We assume no liability for damages resulting from wrongful or improper use.
- In order to prevent excessive stress on muscles and nerves, the recommended massage time of 30 minutes should not be exceeded.
- Never use pointy or sharp objects.
- Any massage – also massage by hand – has to be avoided during pregnancy and/or in case of one or more complaints in the area of the massage: head diseases recent injuries, thrombotic illnesses, inflammations and swelling of any kind as well as cancer. Consultation of your physician is recommended prior to any treatment of afflictions and ailments.
- Remove hair accessories before use.
- Only turn the device on, if you are already wearing it on your head to prevent damaged airbags by overpressure.
- Do not use the device while driving.
- If you depend on electrical aids such as a pace maker, please consult your **physician prior to usage** in any case.

INSIDE THE PACKAGE

- Dr. Mind and remote control
- Adapter
- Batteries (4 x AA)
- Headphones

START UP

Connect the adapter to the Dr. Mind and the power supply. For the mobile use: Remove the cover from the remote control and place the batteries in it. Close the cover again.

Tip: Please use either the adapter or battery. Do not use both at the same time.

TECHNICAL DATA

Measurements device: 22,7 x 19,9 x 12,8 cm
Measurements controller: 15,8 x 13,2 x 4,3 cm
Weight: 625 g
Rated power: 6 W
Battery: 4 x 1,5 V AA
Adapter: DC 6 V, 1000mA
Certificates:



EQUIPMENT / FUNCTIONS

The massage unit is easily placed on the head and the various functions are chosen by the remote control which is connected to the unit. Special pressure points on the temples, the front and back of the head are gently massaged according to the selected function. The selected combination of warmth, vibration and music directly and positively affects your mood. The pleasant prickling on the entire body gives you an immediate sense of well-being and deep relaxation.



VIBRATION

By using the vibration button, an automatic massage program is turned on. The pressure on the areas being massaged varies in controlled intervals. A massage in this mode causes you to be fit and alert.



AIR COMPRESSION

Strategically placed air cushions massage special points on the head from the air cushion acupressure. They relieve tension in the neck and the back of the head and alleviate headaches. The selectively controlled massage stimulates the most important acupressure points on the temples and the back of the head. They provide a pleasant prickle feeling over the entire body and reduce stress.



MUSIC

The music function gives you to choice between different melodies. It improves your physical and mental well-being in a gratifying way.



HEATING

The thermal function stimulates your metabolism and helps during colds and eases tension in the neck area.

All functions are selectable both as single, as well as combined function. Important: In case of discomfort, the ventilation button enables the immediate discharge of the pressed-air chambers.

EQUIPMENT / FUNCTIONS



- [1] Dr. Mind Headmassager
Vibration and heating function area
Air compression area
- [2] Remote control
- [3] Knob to adjust the size
- [4] Adjustment Display



- [1] Earphone connector
- [2] Connection for power supply (for adapter)
- [3] Time setting
By pressing this button, the default time of 15 minutes can be changed. By repeatedly pressing the button you can select between 5, 10 or 15 minutes.

- [4] Music
This button activates the music function (briefly push button). The following sounds are played: piano music, flowing water, singing of birds, the sound of waves, chirping crickets, dripping water. By briefly pressing the button again, you can change the melody. In order to turn off the music function, hold down the button.
- [5] Heating
Press this button to start the heating function. Press again to stop.
- [6] On/off/modus
Press this button to start the default mode:
 - Time setting: 15 minutes
 - Relaxing music: on
 - Air compression: on
 - Vibration: off
 - Heating: off
 By pressing the button again the massage mode is activated. Air pressure, warmth and vibration work together. Holding the button down will turn off Dr. Mind.
- [7] Air compression
Press the air compression button to start/stop the compression function. The switched on air compression mode automatically cycles through four different intervals.
- [8] Vibration
Press the vibration button to start/stop the vibration function. The different vibration interval will be shifted automatically as following: Strong, fast, slow, soft.
- [9] Air relief valve
With this button the air pressure can be reduced at any time.

TROUBLESHOOTING

Error	Adjustment
The massage device cannot operate even though it has been connected to the power supply.	<ul style="list-style-type: none">• Check the connection of the adapter.• Check whether the batteries are correctly installed.• The device could be overheated after prolonged use. It will automatically cool down to resume its normal condition. Please turn off the power and allow the device to cool off for 30 to 50 minutes.• Replace batteries.
Vibration and air compression are too weak.	<ul style="list-style-type: none">• Replace batteries.

STORAGE / CARE

Regular care will extend the life of your Dr. Mind whilst also ensuring safe operation at all times.

1. Recommended storage: dry, free of dust.
2. Keep liquids and open fire away from the Dr. Mind.
3. Clean the equipment using a dry, soft cloth.
4. Always unplug the Dr. Mind when not in use.

CONFORMITY DECLARATION

Complies with European Regulatory Standards EMC 2014/30/EU and LVD 2014/35/EU.

WARRANTY CONDITIONS

The dealer grants the statutory warranty period on the product described overleaf. The warranty applies from the date of purchase. The date of purchase is demonstrated by the sales receipt.

The dealer is to repair or replace products registered within Germany which are found to be defective free of charge. Parts subject to wear and tear such as cloth covers are not covered. To assert your claim, simply return the defective product with the sales receipt before the end of the warranty period.

The warranty claim does not apply if it is established that a defect has occurred e.g. through external influence or as a result of repair or alteration not carried out by the manufacturer or an authorized dealer.

The warranty granted by the seller is limited to repair or replacement of the product. Under this warranty, the manufacturer or seller has no further liability and is not responsible for damage caused by disregard of the operating instructions and/or improper use of the product.

If inspection of the product by the seller reveals that the warranty claim relates to a defect not covered by the warranty or that the warranty period has expired, the cost of the inspection and repair are to be borne by the customer.

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