



< relax in style

MINIWELL TWIST





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Since being established in 2000, the name CASADA stands for high quality products on the health-spa and fitness market. Today, CASADA-equipment is available in 37 countries world-wide.

Constant further development, an unmistakable design and a focused orientation towards a better quality of life are what characterize CASADA-products, as much as their unbeatable and reliable quality.

## *CONGRATULATIONS!*

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With the purchase of this massage device you have shown awareness of your health.

In order for you to enjoy the advantages of your massage device in the long term, we ask you to read and adhere to the instruction manual carefully.

We wish you a lot of fun with your personal Miniwell Twist.

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## SAFETY INSTRUCTIONS



Please carefully read the following instructions to before using this fitness equipment to ensure its proper function and optimal effect. Please retain these instructions for use!

- This massage device complies with the recognised principles of technology and current safety regulations.
- This equipment is maintenance free. Any necessary repairs must be performed by an authorised professional. Improper use and unauthorised repairs are prohibited for safety reasons and will void the warranty.
- Never touch the power plug with wet hands.
- Please avoid the equipment coming in contact with water, high temperatures and direct sunlight.
- Be sure to unplug the equipment from the power point during extended periods of non-use to eliminate the risk of a short circuit.
- Do not use damaged plugs, cords or loose sockets. Damaged plug or cords must be replaced by the manufacturer, service representative or qualified personnel. In the event of malfunction unplug the equipment immediately. We assume no liability for damages resulting from wrongful or improper use.
- In order to prevent excessive stress on muscles and nerves, the recommended massage time of 30 minutes should not be exceeded.
- Never use pointy or sharp objects.
- Any massage – also massage by hand – has to be avoided during pregnancy and/or in case of one or more complaints in the area of the massage: head diseases recent injuries, thrombotic illnesses, inflammations and swelling of any kind as well as cancer. Consultation of your physician is recommended prior to any treatment of afflictions and ailments.
- Do not use the device while driving.
- If you depend on electrical aids such as a pace maker, please consult your physician prior to usage in any case.

## INSIDE THE PACKAGE

- Miniwell Twist
- Adapter
- Car adapter

## START UP

Please connect the adapter with the device and subsequently plug the power plug into the power socket. Now turn on the device by the control panel.

With the car adapter the Miniwell Twist can also be used when travelling (not to be used when driving!). Simply plug the car adapter in the cigarette lighter.

## TECHNICAL DATA

Measurements device: 35 x 23 x 15 cm

Weight: 1,3 kg

Power source:

USA	input: 120V~50~60HZ 700mA / output: 12.0 VDC 2500mA
CANADA	input: 120V~50~60HZ 700mA / output: 12.0 VDC 1600mA
AUSTRALIA	input: 100-240V~50~60HZ 1000mA / output: 12.0 VDC 1600mA
EUROPA	input: 200-240V~50HZ / output: 12.0 VDC 1600mA

Rated power: 19,2 Watt

Certificates:



## EQUIPMENT / FUNCTIONS



HEATING



KNEADING

The Miniwell Twist can help you to create your own personal wellness oasis with in the comfort of your home. Just sit down and let it massage away all your everyday stress.

Its ergonomic curved shape snuggles up harmoniously to parts of the body like the neck, shoulders, back, feet and stomach. With its four optimally arranged massage heads the Miniwell Twist massages with pleasant circling movements in the desired area of your body. By stimulating circulation your muscles will be warmed up and any tensions are gently released.

Regular massage with the Miniwell Twist stimulates the functions of the nerve pathways and activates the metabolism. Circulation is stimulated and releases stubborn tensions. Blockages and disorders of the internal organs can be positively impacted.

Anyone who has ever experienced the benefits of a shiatsu massage will always remember the soothing effect. At the same time it is not important at all whether this prophylaxis of complaints is used or it is just used for relaxation and activation of life energy.

In Shiatsu/Kneading mode the central issue of people being seen as a "single entity" applies. With this massage method traditional knowledge of Far East medicine and modern treatment methods are combined. Shiatsu-Massage provides the body with relaxation, vitality and regeneration. In addition it has a calming effect on stress and increases a general feeling of well-being.



## CONTROL PANEL

- [1] On / Off  
Use this button in order to start Miniwell Twist. The function Kneading/Shiatsu and heating starts.

In order to turn off Miniwell Twist, press the button again.



## TROUBLESHOOTING

Error	Adjustment
The massage device cannot operate even though it has been connected to the power supply.	<ul style="list-style-type: none"><li>• Check the connection of the adapter.</li><li>• The device could be overheated after prolonged use. It will automatically cool down to resume its normal condition. Please turn off the power and allow the device to cool off for 30 to 50 minutes.</li></ul>

## STORAGE / CARE

Regular care will extend the life of your Miniwell Twist whilst also ensuring safe operation at all times.

1. Recommended storage: dry, free of dust.
2. Keep liquids and open fire away from the Miniwell Twist.
3. Clean the equipment using a dry, soft cloth.
4. Always unplug the Miniwell Twist when not in use.



## CONFORMITY DECLARATION

Corresponds to the European guidelines 2006/95/EC.

## WARRANTY CONDITIONS

The dealer grants the statutory warranty period on the product described overleaf. The warranty applies from the date of purchase. The date of purchase is demonstrated by the sales receipt.

The dealer is to repair or replace products registered within Germany which are found to be defective free of charge. Parts subject to wear and tear such as cloth covers are not covered. To assert your claim, simply return the defective product with the sales receipt before the end of the warranty period.

The warranty claim does not apply if it is established that a defect has occurred e.g. through external influence or as a result of repair or alteration not carried out by the manufacturer or an authorized dealer.

The warranty granted by the seller is limited to repair or replacement of the product. Under this warranty, the manufacturer or seller has no further liability and is not responsible for damage caused by disregard of the operating instructions and/or improper use of the product.

If inspection of the product by the seller reveals that the warranty claim relates to a defect not covered by the warranty or that the warranty period has expired, the cost of the inspection and repair are to be borne by the customer.

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