

braintronics®

Body&Mind syncSystem

CASADA
HEALTHCARE



< timeto**relax**



REMOTE
CONTROL

AURA



< timetorelax

Since the company was founded back in the year 2000, the name CASADA has become synonymous with high-quality products in the wellness and fitness sector.

Today, CASADA devices are available worldwide. Continuous development, unmistakable design and a strict focus on improving quality of life are just as much characteristic of CASADA products as reliable and top-class quality.

Congratulations!

Thank you for choosing a massage chair from the Casada family. We are pleased to be able to support your personal health.

Please read the operating instructions carefully to familiarise yourself with the correct handling and function in detail.

We hope you enjoy using your personal AURA massage chair.

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Remote control

TOUCH DISPLAY REMOTE CONTROL

1. ON/OFF button:

(on the top of the remote control)

- Press this button to start the massage chair. The backrest and footrest of the massage chair will automatically move to the starting position. The main screen appears on the display.
- Press this button again to stop all massage functions. The massage mechanism, the backrest and the footrest return to their original position. The massage chair is no longer in operation.

2. Main screen

There are 6 massage modes available:

- Neck/shoulder
- Lower back
- Auto
- Manual
- Extended
- Air pressure massage

3. Sensor buttons

Settings:

This option is displayed in the upper right corner of the main page.



Remote control

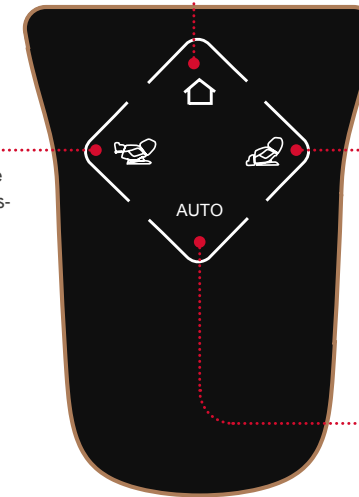
SENSOR BUTTONS

Main screen: Press to return to the main menu.

Press this button to select the different positions of the massage chair and the Zero-G setting.

Reset: Press this button to return the massage chair to its original position.

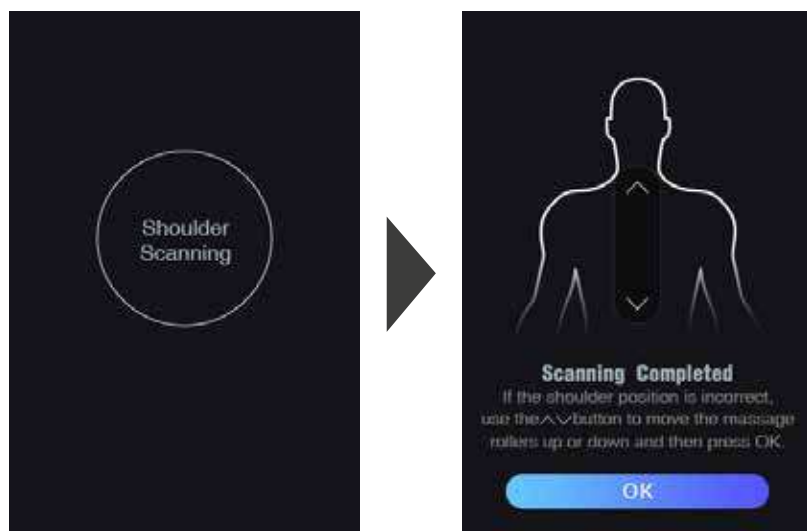
AUTO: Press this button to start the "Automatic" massage mode (the default setting is "Demo" Massage).



Remote control

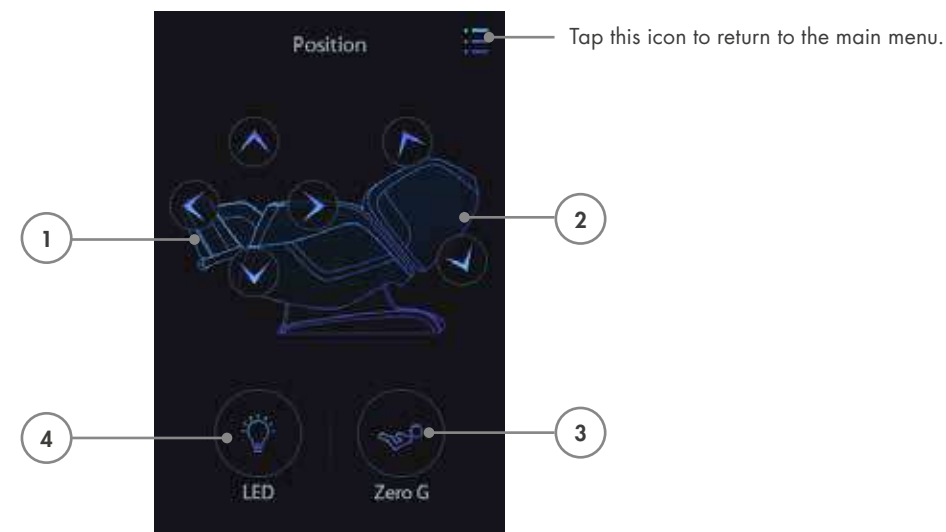
SHOULDER SCAN:

First select one of the massage functions "Neck/shoulder" / "Lower Back" / "Auto" / "Manual" to adjust the massage mechanism to the most suitable position. This scan is activated only once after each power-up. A beep sounds when the scan is complete.



Remote control

POSITION:



1. FOOTREST:

Press this button to raise, lower, extend, or retract the footrest. The extension of the footrest can be adjusted. By touching the sensor button on the display, the footrest is reset.

2. ADJUSTMENT BUTTON FOR THE BACKREST:

Press this button to raise or tilt back the backrest. Press again to stop at the desired position.

3. ZERO-G BUTTON:

Press this button to activate the Zero-Gravity position (the most relaxed and comfortable position). Press again to return to the last position. This button cannot be activated in conjunction with the "Stretch" function.

4. LED BUTTON:

Press this button to turn the Casada logo LED light on the side panels on or off.

Remote control

1. NECK/SHOULDER MASSAGE:

- Select the "Neck/shoulder" function on the main page of the remote control.
- There are 4 massage modes to choose from.
- After the selection, the appropriate massage begins. The remote control switches to the adjustment page.



FUNCTION ADJUSTMENT PAGE

This page is displayed when you select these 4 functions: 'Neck|shoulder' | 'Lower back' | 'Auto' | 'Manual':

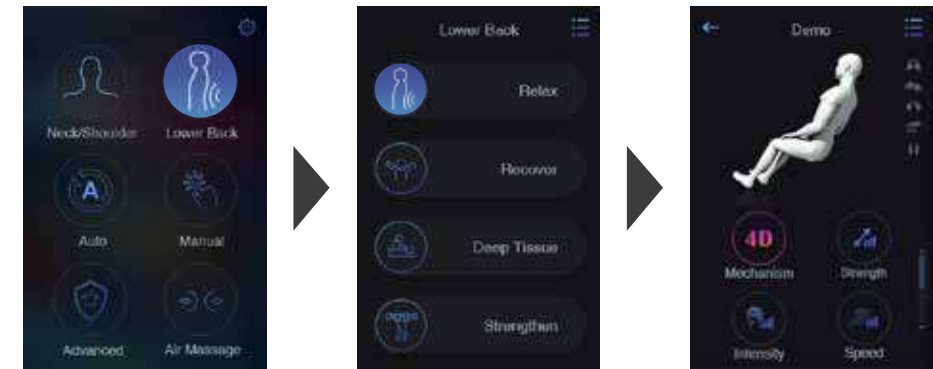
- **4D massage mechanisms:** The intensity can be regulated over 8 levels (massage intensity of the automatic function is preset).
- Kneading resistance, air pressure intensity, and tapping speed can be adjusted over 5 levels. (Kneading strength and tapping speed are preset, while air pressure intensity can be adjusted).
- The Return button is located in the upper left corner of the page. Tap here to return to the previous page.
- The main page control button is located in the upper right corner of the page. Tap here to return to the main page. Press the sensor button to return to the main page and the current programme.
- The remaining massage time is displayed in the upper left corner of the page.
- **Time:** 15 minutes are set as standard after the beginning of the massage. Touch the time display to change the time lapse in the order of 15 | 20 | 25 | 30 | 5 | 10 | 15 minutes.
- The active massage method is displayed at the top right of the page. The four symbols stand for: **Kneading, tapping, shiatsu, rolling.**



Remote control

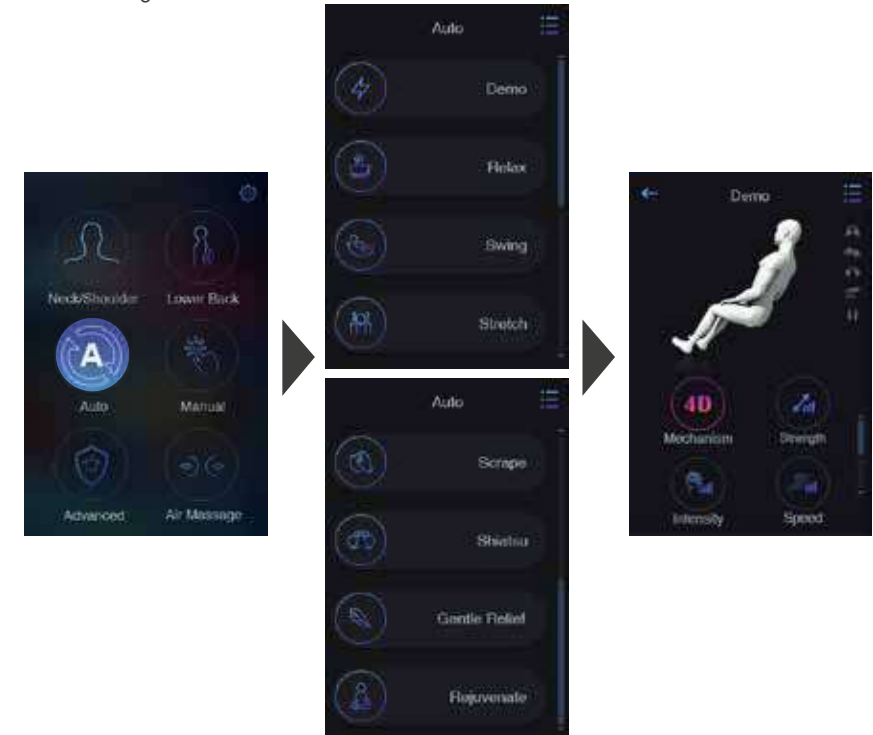
2. LOWER BACK

- There are 4 automatic massage programmes available. Select one of 4 automatic programmes to start the massage.
- Tap this icon to open the interface for "Lower back".



3. AUTOMATIC PROGRAMME

- Tap on this icon to open the interface for the automatic programmes.
- 8 automatic massage programmes are available. Select one of the 8 automatic programmes to start the massage.

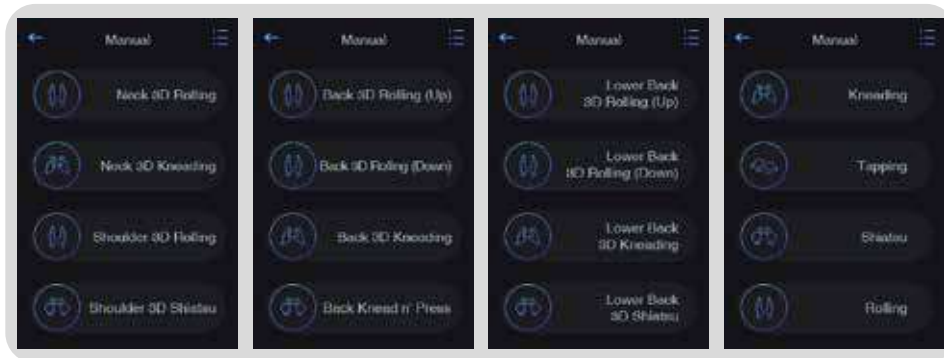
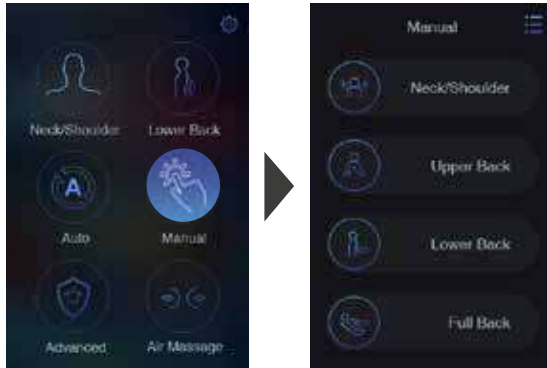


Remote control

4. MANUAL OPERATION

Tap this icon to go to the [Manual] page.

- There are 4 programmes for different partial massage areas to choose from.
- Select the desired programme, then the automatic programme will start.
- The functions Kneading | Tapping | Shiatsu have two massage techniques.

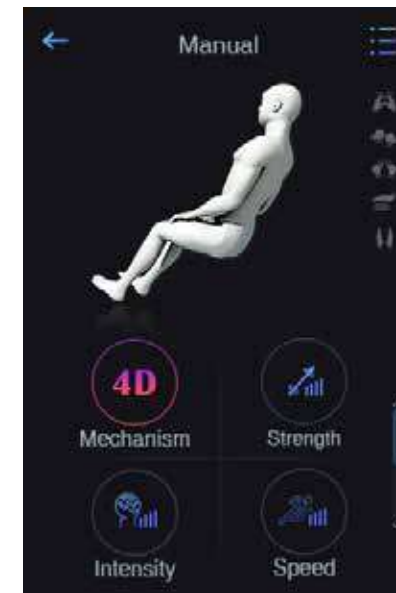


NOTE: Press the Kneading, Tapping, or Shiatsu mode once to enter mode 1. Press again to switch to mode 2. Press the button the third time to cancel the selection. Only one massage mode is available for rolling.

Remote control

If the manual function is activated, you will be taken to this page:

- When the 4D massage mechanism is located in the neck & shoulders / back / midsection, the massage intensity is automatically regulated, allowing a more careful massage pressure to be achieved.
- Kneading strength and tapping speed are adjustable over 5 levels. With the exception of the Full Back position, the intensity at the Neck & Shoulders / Back / Hip positions cannot be adjusted. The air pressure intensity is adjustable over 5 levels.
- Regulation of the massage mechanism:
This can be done in the Full Back position including up and down movement and width adjustment of the massage rollers to activate point or partial massage.
- Point massage is massage focused on a certain point of the body with kneading, tapping, and shiatsu massage.
- Partial massage is massage focused over an 8 cm interval of the body area, including kneading, tapping, shiatsu, and rolling massage.



Remote control

5. ADVANCED MASSAGE FUNCTIONS

- On the main page, select "Advanced".
- Choose from 4 basic programmes: Warmth, Fast Air, 3D calf, kneading or foot kneading massage. You can use all functions at the same time.

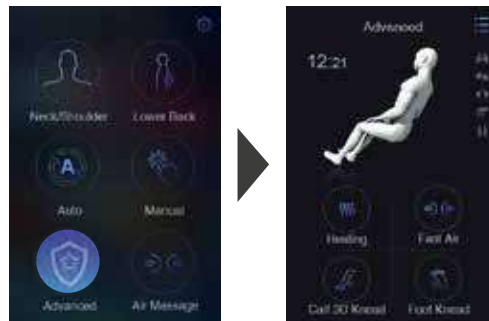
After selection, the appropriate massage begins:

Warmth: The massage chair has a heating function. This enables a more intensive massage effect after being switched on.

Fast Air: This programme applies to a special air massage mode on arms and midsection, but cannot be used in conjunction with the "Air massage" function.

Calves: This massage is a kneading massage for calves.

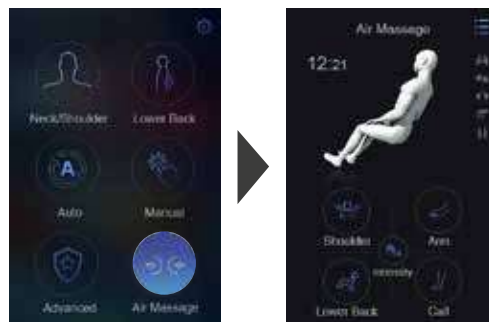
Foot massage: The foot massage mechanism simulates the human hand to knead the feet.



6. AIR PRESSURE MESSAGE

- Select the "Air pressure massage" function on the main page.
- Select the body areas: Shoulder, arm, lower back, calf. It is possible to use them in conjunction with each other. The air pressure intensity can be adjusted.

After selection, the appropriate massage begins.



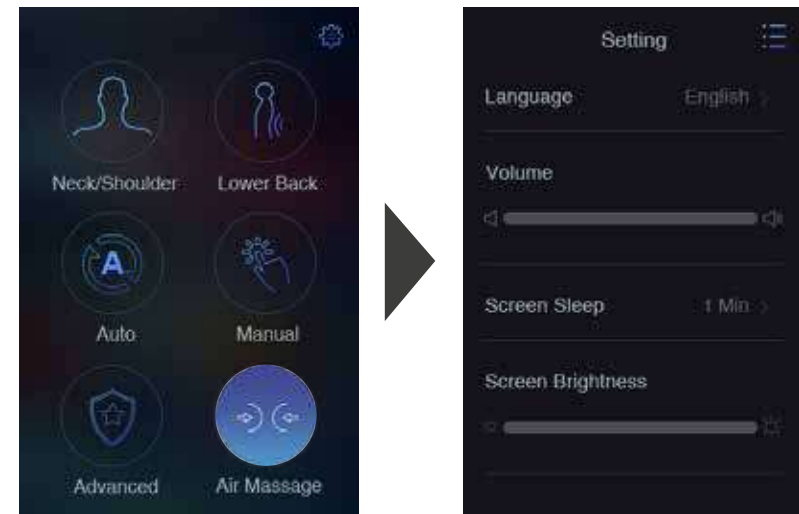
NOTE: Can be used in combination with the "Manual" function.

Remote control


7. SETTINGS

Selection buttons:

- Language selection
- Volume
- Adjust the "Sleep Time" of the Screen
- Screen brightness adjustment



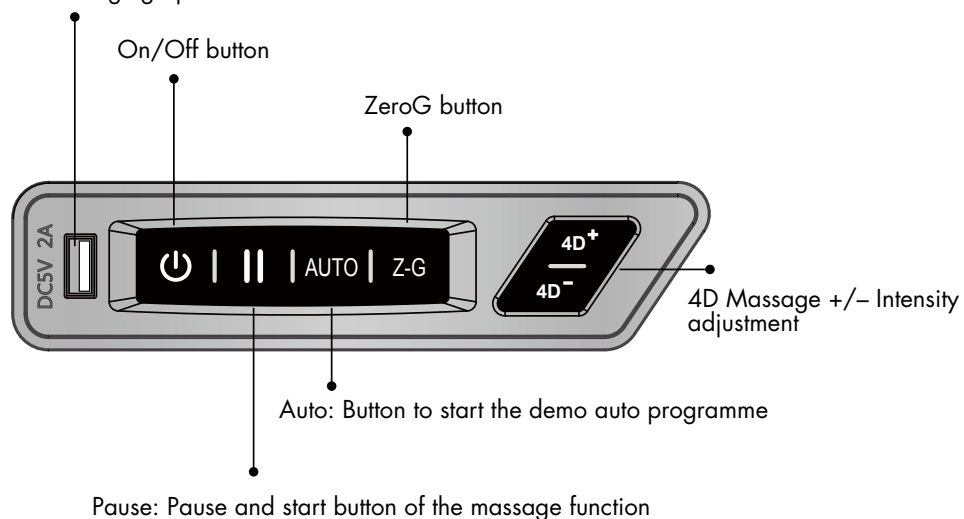
8. BACK

Click the Back button  at the top right corner of the page to return to the previous page.

Remote control

9. QUICK ACCESS REMOTE CONTROL

USB charging option



10. USE OF BLUETOOTH MUSIC SPEAKERS:

1. Switch on the Bluetooth function of the device (e.g. mobile phone).
2. Search for the massage chair Bluetooth name Aura music and connect to it. (PW: 9999)
3. The connection is established. The Bluetooth music speakers can play the music of the device.

AFTER USE

1. Switch off the main switch on the device.
2. Push the on/off switch to the "O" position.
3. Disconnect the mains plug.

WARNING

After use, it is recommended that the power switch be set to OFF and the mains plug be unplugged, otherwise accidents and personal injury may result.

Specials



BRAINTRONICS®

Braintronics® technology synchronises your brainwaves through audio stimulation. Combined with a specially developed massage programme your stress-ridden body will be able to relax. No matter whether you'd like to relax, dream or learn – anything's possible.



SHIATSU

Shiatsu (finger press) is a form of body therapy originating in Japan. The massage technique consists of soft, rhythmic, far-reaching stretches and rotations. The aim of Shiatsu is to simulate individual parts of the body and to mobilise the muscles.



3D MASSAGE

In this new technique, the massage robot not only moves upwards and downwards, but also forwards and backwards.



KNEADING

Skin and muscles are either clasped and kneaded between the thumb and the index finger or with both hands. This massage technique is used in particular to ease tension.



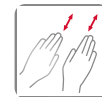
TAPPING

Short, tapping movements are performed with the edge of the hand, the palm or the fist. This promotes blood circulation in the skin and softens tense muscles. If tapping is performed at lung height, this can improve the release of mucus in the lung.



KNEAD & TAP (DUAL ACTION)

The techniques of kneading and tapping are combined in order to relieve tension and stimulate blood circulation at the same time.



ROLLING

Pleasant alternation between relaxation and releasing the muscles – also perfectly suited for a final massage, for relaxation and recovery of the muscles.



CARBON HEATING

Deeply penetrating Carbon infrared heat, blood vessels expand, the blood flow increases and the muscle tone is reduced. In addition, it carries out a highly beneficial effect on nerve cells, which are responsible for reporting pain to the brain.



SOLE ROLLER

The foot massage stimulates the nerve endings and certain organs of the body, which also relaxes the muscles.

Specials



AIR COMPRESSION

Rising and receding airbags have a pumping motion which produces natural muscle reflexes. This is particularly beneficial in the calf and foot area.



L-SHAPE

You can expect a profound full body massage from the neck down to the buttocks.



S-LINE

With this automatic program the massage heads are working very close to your body, they massage the whole back down to your buttocks. The S-shaped mechanic is constructed after the natural anatomy of the spine.



ZERO SPACE

For the lying-position the massage chair moves forward and therefore requires very little distance to the wall behind. Space saving and comfortable!



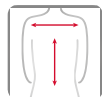
ZERO GRAVITY

You put yourself in the position of an astronaut – that “weightless feeling”.



AUTOMATIC

Specifically developed automatic programmes for the whole body, which offer a big range of different massage techniques. Additionally you can also turn on the heating function, if you'd like.



BACK AREA

An individual applicable to any size massage area.



ADJUSTABLE FOOTREST

The footrest can be extended, this way it is adaptable to different body sizes.



RECLINING POSITION

The adjustability of the backrest and footrest contributes to personal well-being of the body position.



ADJUST SHOULDER

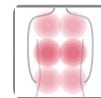
The massage heads can be moved upward or downward to a suitable position in the shoulder area.

Specials



AIR INTENSITY

Adjustable airbag massage intensity.



AIR AREA

Airbag-Massage für den ganzen Körper. Verschiedene Bereiche sind einzeln steuerbar.



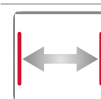
SPOT

The massage heads can massage a particular spot.



SPEED

Massage speed is adjustable.



WIDTH

The distance between the both massage heads can be set (narrow, medium and wide).



MUSIC

Further relaxation and fun with the music function.



BLUETOOTH

Wireless data transmission.



HUMAN HANDS FEELING

Specially designed massage heads imitate the hand motion of a professional masseur. The maximum stretch space is 6,5 cm, and the maximum stretch angle is 41 degrees, so the mechanical hands can do effective massage to human cervical vertebra thoracic vertebra and lumbar vertebra.



USB-CHARGER

While you relax, the integrated USB port can supply, for example, your phone with power.

Specials



QUICK START

With one touch the quick start buttons in your armrest allow you to control the most important functions.



ARTHROSE TRACTION

Arthrose Traction consists of gentle stretching pressure. It has a stimulating effect on the cartilages, which enhances the transport of bodily fluids, nutrients absorption and can alleviate symptoms of arthrosis.



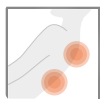
WAIST STRETCH

Airbags in the lower area of the back ensure gentle stretching of the pelvis. Effectively counteracts tensions.



HEATED ROLLERS

The massage chair comes with the most innovative comfortable back heating on the market so far. The rollers heat up by themselves and simulate hot stones to warm the muscles. Compared to conventional heating systems, this provides a greater surface area to apply heat from your neck all the way to the back of your thighs.



DUAL SENSOR BODY SCAN

The massage chair performs a body scan to capture the main areas of the neck and back to ensure optimal pressure throughout the massage. The scan technology detects the height of your shoulders, that can be modified after the scan, if required.



BLUETOOTH AMPHITHEATRE SOUND SPEAKERS

The massage chair is equipped with Bluetooth technology and an amphitheatre sound system that reduces ambient noise and boosts your sound experience. In this way you can enjoy your massage even with your favourite meditation application or your favourite music. We recommend starting the Bluetooth speakers with the lowest volume before playing music and then gradually increasing them to your desired level.



SLIM LCD TOUCH SCREEN REMOTE CONTROL

Using the touch screen, you can select your desired massage comfortably and adjust all other settings. You can navigate through the menu by clicking the buttons to select Neck/Shoulder, Lower Back, Auto, Manual, Advance or Air Massage. Optionally, you can set the massage time to a period of 5 minutes, starting from 5 minutes up to 30 minutes.



BACK STRETCH ROLLING

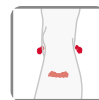
Targeted stretch massages activate the body and have an invigorating effect on the whole body.

Specials



SHOULDER GRASP

Targeted kneading massage in the shoulder/neck area – ideal for easing tension and pain in this area.



ACUPRESSURE POINTS

Key acupressure points are massaged.



REFLEXOLOGY

Reflexology regenerates foot muscles and has a harmonizing effect on almost all organs inside your body.

